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Neighborhood News

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Celebrating FIVE years.....

CARE Community Center will celebrate our five year anniversary on June 14. In our five years we have been able to help so many of our neighbors that are working to overcome their struggles. Tens of Thousands of pounds of food distributed, millions of dollars in Federal and State tax refunds put back in the community, and thousands of families and individuals have been able to receive the help they needed in times of crisis. The work is hard, but our amazing staff and volunteers pull it all together and get it done. At times the needs of our community are overwhelming. We can't fix every problem that may arise, but through our in house services and networking with other community partners we do our very best. Helping neighbors individually is how we have come so far in such a short time, and this continued work makes our community stronger. There are still neighbors in need and more work to be done. Please consider joining our neighborhood by becoming a volunteer, sponsor, or donor to help us continue this work in our community. Please join us in our ongoing mission of "empowering our neighbors with resources and education leading to personal and family sustainability."

Donate Volunteer

R4CH

The 15th annual Run for a Child's Hunger is just around the corner. Come join us on Labor Day for the best race of the season. Free food, race photos, racers tech shirt, and family zone. Let's race together to fight childhood hunger! Don't like to run, join us as a volunteer.

R4CH@carecc.org

When: September 3rd Where: Pinnacle Hills Promenade Mall

R4CH Information





Fishing, Family, and Fun

Each year we come together as a community at Veterans Park Pond in Rogers on the Saturday before Memorial Day for our Annual Hooked on Fishing Catfish Derby. CARE partnered with Arkansas Game and Fish, the City of Rogers, and Sam's Club to make our 2018 event a success. The weather was perfect and the fish were hungry. Over 250 neighbors joined in the fun. It was a beautiful day to get to know your neighbors and enjoy the wonderful treats provided by our generous sponsors. Huge thanks to Chef John who led our grilling crew and to Johnsonville, Jenni-O, Breyer's, Hook Line and Sinker, and Sam's Club for the great food and fun.



Community Mediation

The CARE Community Center MediationProgram facilitates mediation services for the following type of disputes:

- Neighbor disputes involving animals, trees, property lines and damage, etc.
- **Community disputes** that involve neighbors
- Consumer/Merchant disputes involving claims of less than \$1500
- Residential landlord/Tenant over issues like payment of rent, property repairs, etc.
- Family disputes between parents and teens, adult children and aging parents, adult siblings, • and other disputes within family

CARE Community Center Mediation Program may mediate more complex disputes and makes referrals to local mediators who specialize in a variety of areas. Contact Us By Phone: (479) 246-0104 or Email: mediation@carecc.org



Volunteer Spotlight

Here at CARE Community Center, our volunteers play a vital part in helping our neighbors throughout the Northwest Arknasas and beyond. One such volunteer we would like to recognize is Ms. Edith Garland, who works in our Root Cellar Pantry. Edith has worked with CARE since February of 2016. She was first introduced to CARE Community Center through our free income tax preparation. From there, she had decided to volunteer whether it be for tax preparation or something else. After speaking with our Executive DIrector, it was decided our Root Cellar Pantry was a better fit for Edith. She has worked hard every time she comes in to make a difference in the live

of the neighbors and other volunteers. She has grown her volunteer work to become a volunteer manager in the pantry. She is the epitome of kindness and love of neighbor. We could not do it without her. Thank you Edith for your hard work and dedication to CARE and your community.

Root Cellar Recipes

Would you like to cook and keep your kitchen cool this Summer? Try this crockpot recipe.

From our Friends at Gonna Want Seconds

American Chop Suey

Ingredients:

- 3 Tablespoon Butter
- 1 Large Yellow Onion Finely Chopped 1 Green Pepper Seeded and Finely
- Chopped
- 1 Tablespoon Fresh Garlic minced
- 2 Pounds Ground Beef 80/20
- 1 1/2 Teaspoon Salt
- 1/2 Teaspoon Black Pepper
- 2 15 Ounce-Each Cans Tomato Sauce
- 1 28 Ounce Can Crushed Tomatoes, Including All Liquid
- 3 Cups Water
- 1 Tablespoon Worcestershire Sauce
- 1 Teaspoon Paprika
- 2 Teaspoon Sugar
- 1 Tablespoon Dried Italian Seasoning
- 2 Cups Elbow Macaroni Uncooked
- 16 Ounces Mozzarella Shredded

Garnish

2-3 Tablespoons Italian Parsley Roughly Chopped, Optional

Instructions:

Heat the butter in a large pot over medium-high heat. Add the onions, green bell pepper, and garlic and saute until the softened, about 8-10 minutes. Add the ground beef, salt, and pepper and continue to cook, crumbling the beef with a spoon, until there is no longer any pink in the beef, about 5-6 minutes.

Add tomato sauce, crushed tomatoes with their juices, water, Worcestershire Sauce, paprika, sugar, and dried Italian seasoning and bring to a simmer. Reduce the heat to low, cover, and simmer 20 minutes, stirring occasionally.

Add the pasta, partially cover, and simmer until pasta is al dente, about 20-25 minutes. Sprinkle top with Mozzarella, cover and cook on low for 2-3 minutes. Remove from the heat and allow to rest, covered for about 5-7 minutes. Sprinkle with parsley if desired and serve.



Your Money, It Matters!

- Do you still need to do your taxes? Maybe you are more than a year behind in filing taxes? CARE Community Tax Center is taking appointments to do FREE tax preparation throughout the year.
- DID YOU FORGET TO FILE? DON'T LOSE OUT ON YOUR REFUND! If you haven't filed your taxes from previous years, you must do so within 3 years in order to get a refund. 3 Year Refunds
- The "IRS Refunds" scam is a common tactic used by cybercriminals to trick people into opening a link or attachment associated with the email. This link takes people to a fake page where thieves try to steal personally identifiable information, such as Social Security numbers. IRS Refund Scams



- Consumer Alert IRS Impersonation Scammers have changed lactics Impersonation
- Call our office at 479-246-0104 Monday Thursdays 9:00 am 4:00 pm to schedule a tax appointment.

Just Around the Corner

We will be offering our Computer Workshops again. Let us know what type of Computer Workshop would benefit you. 479-246-0104 nwhisenant@carecc.org

Root Cellar Pantry is in need of volunteers to help stock shelves and work in the warehouse. Please contact us if you or your group would like to volunteer. 479-246-0104 <u>Volunteer</u>

CARE Supply Exchange is in need of volunteers to assist with processing items to be distributed to partners and neighbors. Please contact us if you or your group would like to volunteer. 479-246-0104 supplyexchange@carecc.org

Volunteer

Whats Next CARE Happenings Whats Next CARE Happ ust Around the Corner Events Events Events events Events Whats Next Just Around the Corner

Mission

Empowering our neighbors with resources and education leading to personal and family sustainability.

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