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September 2018

## R4CH

Our 15th annual Run for a Child's Hunger was a great success. We are still calculating the numbers, but it looks like we had over 300 participants this year. We will be posting pictures on the website and you can go there for the results as well. Thank you to everyone for getting involved in helping to make our community stronger.

For more information, go to our webpage or send us an email.

[R4CH@carecc.org](mailto:R4CH@carecc.org)  
[R4CH on Facebook](#)  
[R4CH Web Site](#)



## Volunteer Spotlight

We could not accomplish what we do at CARE if it wasn't for our great volunteers. That is why we want to give a huge thank you to all those who volunteered for this year's Run for a Child's Hunger.

We want to send a special thank you to Brad Pope for doing an exceptional job as our Race Director. We also want to thank Oscar Rivera and his family for coming out again this year to volunteer. Another special thank you to the group from Cognizant that came out this year and pushed us over the top when we thought we might come up short on volunteers.

If we list everyone, we could fill this whole newsletter with all the names of those who helped with R4CH this year. Our staff members said, "our volunteers really earned their cookies at this year's event." We are grateful for the effort our volunteers put forth to help strengthen our community. We need volunteers all year long. If you would like to volunteer or need more information, use the Volunteer link.

[Volunteer](#)



## Volunteer Opportunities

- Root Cellar Pantry is in need of volunteers to help stock shelves and work in the warehouse. Please contact us if you or your group would like to volunteer.  
479-246-0104  
[Volunteer](#)

- CARE Supply is in need of volunteers to assist with processing items to be distributed to partners and neighbors. Please contact us if you or your group would like to volunteer.  
479-246-0104  
[supplyexchange@carecc.org](mailto:supplyexchange@carecc.org)  
[Volunteer](#)



## Help us help others

We value all of our sponsors and donors that have made it possible to help our neighbors. There are multiple ways you can be a part of this growing community of support.

You can help us every time you shop online at Amazon with AmazonSmile. AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases. Just use the Help CARE with Amazon Smile link to get started. Log in to your Amazon account, make sure you have selected CARE Community Center in Rogers Arkansas as the charity you want to support, and make your purchase as normal. It is that simple.

You can donate directly to us by visiting our website via the donate button. You have the opportunity to make a one time donation or make a recurring monthly donation. We appreciate your donations great or small. All donations are tax deductible and help us strengthen the Northwest Arkansas community we serve.

[Help CARE with Amazon Smile](#)  
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## Root Cellar Pantry

CARE will be making a big change beginning October 1st. Not only can neighbors shop twice a month in the whole pantry, but they can also come by once a week to receive produce, dairy, and other perishable items. Our days and hours will be changing as well. We will be open Monday through Friday 11:00 AM until 4:00 pm. Talk to the pantry volunteers or contact us at 479-246-0104 if you have questions.



- In order to make this a smooth process we ask that you have your ID and any missing certification documents ready when you sign in.
- All neighbors must recertify each calendar year and notify staff of changes to their household or income within 30 days of the change.
- If you receive SNAP or FREE and REDUCED SCHOOL LUNCH please notify our staff to simplify your certification.

## Root Cellar Recipes

### Mexican Chicken

*Recipe provided by Edith Garland*

#### Ingredients:

- 1 chicken (2 1/2 lbs) or two chicken breast
- 1 cup chicken broth
- 1 can cream of mushroom soup
- 1 can cream of chicken soup
- 1 can (10oz) tomatoes and chilies (Rotel)
- 1 pkg (8oz) taco Doritos
- 1 onion, chopped
- 1 1/2 cups shredded cheese

#### Instructions:

Boil chicken, debone and cut into bite size pieces. Line a two quart shallow, greased casserole dish with slightly crushed Doritos. Put chicken and chopped onions on top. Mix rest of ingredients (except cheese) and pore over chicken and Doritos. Top with shredded cheese.

Bake at 350 degrees for 30 minutes.



## Your Money, It Matters!

Do you still need to do your taxes? Maybe you are more than a year behind in filing taxes? CARE Community Tax Center is taking documents to do FREE tax preparation throughout the year. Check out the helpful links about preparing for disaster and third estimated tax payments.

- Are you prepared for a disaster? Are your documents safe?  
[Preparing for a disaster](#)
- Are you ready for your third estimated tax payment?  
[IRS Reminder: Third estimated tax payment](#)
- Call our office at 479-246-0104 Monday - Thursday 9:00 am - 4:00 pm to schedule a tax appointment.

## Mission

Empowering our neighbors with resources and education leading to personal and family sustainability.

2510 N 17th St Suite 203 | Rogers, AR 72756 US

[carecc.org](http://carecc.org)

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